

Bharati Vidyapeeth's
Dr. Patangrao Kadam Mahavidyalaya, Sangli
Ladies' Association 2018-2019

Report

1. Installed Sanitary Napkin Vending Machine in the college on 23/7/2018 in association with Innerwheel club of Sangli midtown Sunrise.
2. Lecture on menstrual hygiene was conducted on 23/7/2018 for girl students of college. Resource person Mrs. Bharati Bhavikatti. enlightened girls' regarding cleanliness, Hygiene, physiology of menstrual cycle, hormonal changes during menstrual, possible infections and other microbiological information.
3. To keep environment healthy tree plantation was done at the hands of Hon. Prin. Dr. D. G. Kanase and District Vice Chairman, Innerwheel club of Sangli midtown Sunrise, Mrs. Nanda Zadbucke.
4. Breast feeding camp was organised on 9/8/2018, in which 36 women took active participation. Dr. Varsha Patil at PHC, Sangliwadi addressed the woman and distributed jiggery blocks as Poshan Aahar (Nutritious diet).
5. Health checkup camp, hemoglobin and blood checkup camps were organised for women of ward No.19 Vidhata Colony at PHC, Sphurthi Chowk, Sangli. 11/9/2018. On this occasion healthy baby- mother competition was organized and healthy baby- mother were given prizes.




(Ms. B. K. Bhavikatti)



(Dr. D. G. Kanase)

PRINCIPAL,
Dr. Patangrao Kadam Mahavidyalaya,
Sangli - 416416 (Sangliwadi)

No.	Programs
1)	Sanitary Napkin & Vending Machine Installation
	 

2)

Tree Plantation



3)

Poster Exhibition



4)

Lecture on Menstrual Hygiene



5)

Health check up and Haemoglobin camp





6) **Lecture on Breast Cancer at village Karnal – Dr. Yugandhara Kadam**



7) **Lecture on Human Rights by Adv. Amol Dombe.**




Bharati Vidyapeeth's
Dr. Patangrao Kadam Mahavidyalaya, Sangli.
Ladies' Association
A Lecture on menstrual hygiene, 23/7/2018
Report (2018-2019)

Bharati Vidyapeeth's Dr. Patangrao Kadam Mahavidyalaya, Sangli, Ladies' association in association with Innerwheel club of Sangli midtown Sunrise organized a program of installing Sanitary Napkin Vending Machine and Sanitary Napkin incinerator in the college on 23/7/2018.

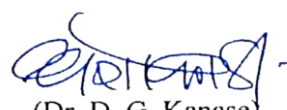
Hon. Members of Innerwheel club of Sangli midtown Sunrise were invited for this program. Dr. Mrs. Prabha Patil (President of the Club), Mrs. Vandana Zadbuke (Zonal President) and many other members were present. Hon. Principal Dr. D. G. Kanase presided over the function. Dr. Mrs. Prabha Patil hosted the function.

After the installation and demo a Lecture on menstrual hygiene was conducted for girl students of college. Resource person Mrs. Bharati Bhavikatti. enlightened girls' regarding cleanliness, Hygiene, physiology of menstrual cycle, hormonal changes during menstrual, possible infections and other microbiological information. She said Menstruation is a normal and healthy part of life for most women, roughly half of the female population around 26 per cent of the global population are of reproductive age. Most women menstruate each month for about two to seven days. Yet, as normal as it is, menstruation is stigmatized around the world. A lack of information about menstruation leads to damaging misconceptions and discrimination, and can cause girls to miss out on normal childhood experiences and activities. Stigma, taboos and myths prevent adolescent girls and boys from the opportunity to learn about menstruation and develop healthy habits. She further elaborated on myths about menstrual cycle and its importance for physical and mental wellbeing of women. In addition, she talked on balanced diet.

A question answer session was conducted and the program was concluded by thanking all the guests and participants. Vote of thanks was delivered by Mrs. Ujjwala Desai.


(Ms. B.K. Bhavikatti)
Convener,
Ladies' association




(Dr. D. G. Kanase)
PRINCIPAL,
Dr. Patangrao Kadam Mahavidyalaya,
Sangli - 416416 (Sangliwadi)



Lecture on Menstrual Hygiene on 23rd July 2018



Lecture on Menstrual Hygiene on 23rd July 2018

