### Bharati Vidyapeeth's

#### Dr. Patangrao Kadam Mahavidyalaya, Sangli One Day Online Webinar on

One Day Online Webinar on "COVID-19 Pandemic and Mental Health"

(13<sup>th</sup> June, 2020)

# Organized by

## Department of Zoology and Internal Quality Assurance Cell

### **REPORT**

One Day, Online webinar on "COVID-19 Pandemic and Mental Health" was organised by the Department of Zoology in collaboration of Internal Quality Assurance Cell on 13<sup>th</sup> June 2020. The main purpose of this webinar was to educate, raise awareness, and provide strategies for individuals and communities to address and cope with the mental health challenges associated with the pandemic. Dr. Dileep Patwardhan, famous Ophthalmologist from Sangli was Chief guest and Prin. Dr. D. G. Kanase, Member of Management Council, Shivaji University, Kolhapur was the chairperson for the Webinar.

Dr. Dileep Patwardhan said, "Raising awareness about the intertwined issues of the COVID-19 pandemic and mental health has never been more crucial. The pandemic has unleashed a wave of emotional distress, anxiety, and isolation, affecting individuals and communities on a global scale. It's imperative to engage in conversations and educational initiatives that empower people to recognize and address the mental health challenges they may be facing. By fostering awareness, we can break down the stigma surrounding mental health issues, encouraging individuals to seek help and support when needed. This not only promotes personal well-being but also contributes to the resilience of our communities as a whole."

Prin. Dr. D. G. Kanase in his presidential address said, "we can together navigate these challenging times with greater understanding and compassion, ensuring that mental health remains a top priority in our response to the COVID-19 pandemic." Dr. P. M. Patil put forward program proposal and Dr. A. R. Supale proposed vote of thanks. The number of students and faculty members were present for this lecture.

(Dr. Mrs. P. M. Patil) Convener

PalloW



[Dr. D. G. Kanase]

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