## Bharati Vidyapeeth's Dr.Patangrao Kadam Mahavidyalaya, Sangli

## One Day Online Workshop on Revised Syllabus of Physical Education (B.A.III) 2021-2022 held on 2<sup>nd</sup> March 2021 Report

Report submitted to: The Principal, Bharati Vidyapeeth's Dr. Patangrao Kadam Mahavidyalaya, Sangli.

Report submitted by: Convener, Depatment of Physical Education, Bharati Vidyapeeth's Dr. Patangrao Kadam Mahavidyalaya, Sangli.

Bharati Vidyapeeth's Dr. Patangrao Kadam Mahavidyalaya, Sangli and Shivaji University, Kolhapur jointly organized 'One Day Online Workshop on Revised Syllabus of B.A.III Physical Education'. In the workshop, discussion was done on Paper No.09 and 14. The workshop was organized on Tuesday, 02 March 2021. Dr. D. G. Kanase, Principal and Prof. Dr. B. N. Ulape, Chairman, Shivaji University, Kolhapur was present as the Chief guests for the inaugural function of the workshop. Prof.P.D.Jagdade, Head of Physical Education department, welcomes all the guests and put forward program proposal. Prof.T.R.Savant, Incharge of Arts and Commerce faculty was the Chair Person for this workshop, he delivered a presidential speech on this occasion.

Prof. Dr. Mahendra Kadampatil, from Venutai Chavan College, Karad was the resource person for Paper No.9 of semester V in the first session and Prof. B. S. Patil, from Padmabhushan Vasantrao Dada Patil Mahavidyalaya, Kavthemahankal was the Chairperson. Health which is included in unit no.3, Prof. B. S. Patil Chairperson Prof. Dr. Mahendra Kadampatil expressed his thoughts on objectives and an opportunities of Yoga studies. He said "how we can do it in our day to day life, Yoga is the better way to be physically fit for the human being." Dr.Kadampatil also talked on mental summarized the first session. Mr. A.A. Tupe did comparing of this session.

Prof. V. B. Gadre was the resource person of the second session in which he talked about Paper No.14 of semester VI. He talked about an important role of emotional health, he also said that how body language and Yoga, he explained both the terms with the Patanjali Yoga Formulas. He also explained that Yoga is an important to develop sport spirits. Prof. G. M. Lavangare was



## https://storyxpress.co/video/klrkd87g2tsk7rmj8







